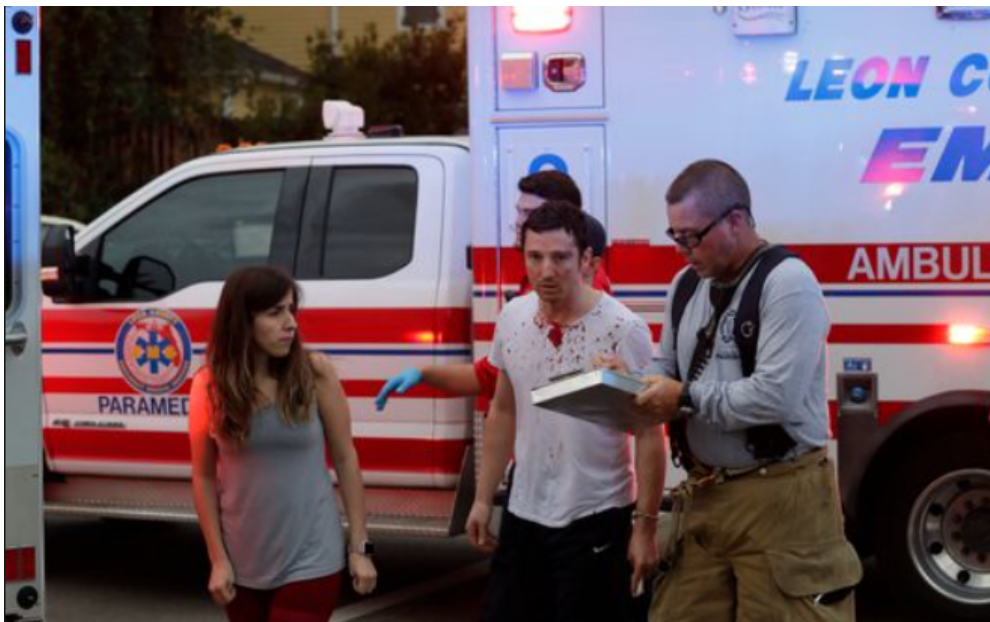


### **Tallahassee Yoga Shooting**

On Friday, November 2, 2018, at approximately 5:30 pm, Scott Paul Beierle, age 40, opened fire inside a yoga studio (Hot Yoga Tallahassee) in Tallahassee, Florida. Beierle, who was carrying a black bag, first posed as a customer. Then, without warning, he pulled out a handgun and began firing on the people inside the studio. Beierle shot six women, killing two, and pistol whipped a male yoga student (Joshua Quick) who attempted to fight him off after his weapon malfunctioned. Beierle then took his own life. Police arrived about three minutes after the first reported gunshots.



***"The fact we had people fight this attacker and prevent him from doing further harm speaks to the true spirit of Tallahassee,"*** police chief Michael DeLeo told reporters Friday.



***Joshua Quick attacked Beierle with the only means available.***

Below is an excerpt from <https://www.tallahassee.com/story/news/2018/11/04/joshua-quick-fought-off-florida-yoga-studio-gunman-vacuum-cleaner-broom/1885422002/>

## 'He saved my life': Joshua Quick fought off yoga studio gunman with vacuum cleaner, broom

Jeff Burlew, Tallahassee Democrat Published 4:17 p.m. ET Nov. 4, 2018 | Updated 4:22 p.m. ET Nov. 4, 2018

***Quick said after Scott Beierle opened fire Friday night, he confronted him with the only weapon he could find — a vacuum cleaner with a heavy end.***

***“The gun stopped firing,” Quick said. “I don’t know if it jammed or what. So I used that opportunity to hit him over the head with it.”***

***The gunman pistol-whipped Quick, bloodying his face. But Quick recovered and tried to stop Beierle again.***

***“I jumped up as quickly as I could, ran back over and next thing you know, I’m grabbing a broom, anything I can. And I hit him again.”***

***Quick’s actions gave time for others to escape the yoga studio. Among those who got away was Daniela Garcia Albalat. Before Quick intervened, she told ABC, she thought she would die at the gunman’s hands.***

***“I want to thank that guy from the bottom of my heart,” she said, “because he saved my life.”***

### Summary

Active shooter and victim sustainability training continues to be essential for everyone. While no one can predict how they will react during a shooting, situational awareness and a basic understanding of how weapons function can prepare us to recognize opportunities to confront the attacker. Knowing and understanding the difference between a revolver and a semi-automatic pistol and the distinct sounds made when a weapon malfunctions (jams), runs out of ammunition, magazine changes, etc., can identify when the shooter no longer has the means to engage victims. This small amount of time before the shooter regroups may provide a window to disarm him and save lives. It may be the only option one has to survive.

